# Alh Grade: Prayers

# Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

#### **Our Father**

Our Father, who art in heaven, hallowed by thy name. Thy Kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation but deliver us from evil. Amen.

### Glory Be

Glory be to the Father, to the Son and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

# **Guardian Angel Prayer**

Angel of God, my guardian dear, to whom God's love commits me here. Ever this day be at my side to light and guard, to rule and guide. Amen.

### **Hail Mary**

Hail Mary, full of grace, the Lord is with you. Blessed are you among women and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen.

### **Grace Before Meals**

Bless us, O Lord, and these your gifts, which we are about to receive. Through Christ our Lord, Amen.

### **Act of Contrition**

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In His name, my God, have mercy.

# **Apostle's Creed**

I believe in God, the Father Almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. On the third day, He rose again from the dead. He ascended into heaven and is seated at the right hand of God, the Father Almighty. From there, He shall come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

### **Morning Offering**

O Jesus, through the Immaculate Heart of Mary, I offer you my prayers, works, joys, and sufferings of this day for all the intentions of your Sacred Heart in union with the Holy Sacrifice of the Mass throughout the world, for the salvation of souls, the reparation of sins, the reunion of all Christians, and in particular for the intentions of the Holy Father this month. Amen.

# **Hail Holy Queen**

Hail, Holy Queen, Mother of Mercy, our life, our sweetness, and our hope! To you do we cry poor banished children of Eve; to you do we send up our sighs, mourning and weeping in this valley of tears. Turn, then, most gracious advocate, your eyes of mercy towards us; after this, our exile, show onto us the blessed fruit of your womb, Jesus. O clement, O loving, O sweet virgin Mary.

V: Pray for us, O holy Mother of God. R: That we may be made worthy of the promises of Christ.

#### **Memorare**

Remember, oh most gracious, Virgin Mary, that never was it known that anyone who fled to your protection, implored your help, or sought your intecession was left unaided. Inspired by this confidence, we fly onto you, O virgin of virgins, our Mother. To you we come, before you we stand, sinful and sorrowful. O Mother of the Word Incarnate, despite not our petitions, but in your mercy, hear and answer us. Amen.

